# BUGLE





The best activities guide around!

MARCH 2007



# CAMP ZAMA COMMUNITY







# OVER 50 VENDORS:

CHINESE ROSEWOOD FURNITURE, CLOTHING, ELECTRONIC GOODS, JEWELRY, ANTIQUES, KIMONOS, ARTS & PICTURES, POTTERY, TOYS, KOREAN & THAI FURNITURE, HONG KONG LINENS.....



- Saturday, 3rd (9 am 5 pm)Sunday, 4th (10 am 4 pm)



at the Camp Zama Community Club







CALL 263-5316



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

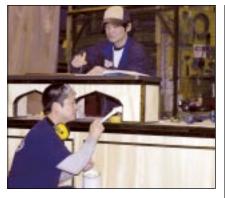


DMWR strives to provide individuals with disabilities reasonable accommodation,

and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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### THIS MONTH'S COVER

One of our MWR NAF Support Services Division facilities is the Facility Maintenance Branch which employs a variety of skilled craftsman.

One of their responsibilities is to assemble all of the large canopies that are used for all major events at Camp Zama.

Another responsibility is to apply their skills to improve the appearance of areas in our various MWR facilities. Some projects of late are the Japanese style shouji entrance and wallpaper at the Camp Zama library; the Zama CDC counter; the CZCC patio; Eda's wallpaper, wine rack and waitress area; the Hob NOb inn patio; and the bar counter and DJ booth at the Sagami Lounge - to name a few. Our cover this month shows, left to right, Furniture Repairer Hirohisa Minagawa and Facility Maintenance Foreman Kenji Osada putting the finishing touches of the new counter for the SHA CDC.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.



# ■ Camp Zama Golf Club · 263-4224

http://www.usarj.army.mil/information/mwr/business/golf/

ayday Scrambles
(FREE). Friday, 2 March, 11
am, shotgun start and Friday,
30 March, noon, shotgun
start. The \$15 entry fee and
green fees for nonmembers
are being paid by MWR. Local
national employees can play
for ¥4,000 and JGSDF can
play for ¥2,000.

Sign up on line: http:/ www.mwrjapan.jp.pac.army.mil/ information/mwr/business/ golf/

# NICHIBEI FRIENDSHIP TOURNAMENT

Thursday, 15 March, 9:30 am, shotgun start. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

### TOMODACHI DAYS

Tomodachi Days in March are as follows:

9 March - Friday

16 March - Friday

23 March - Friday

26 March - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥4,000 plus cart. This is a significant savings over the regular rate of ¥10,000. Check with starters for available tee times

### CONSTRUCTION UPDATE

### • Clubhouse Renovation

The contract to renovate the clubhouse is underway. A summary of the work and time frames for each phase is listed below:

Phase A: October 2006 - 21 May 2007. New locker room addition, new cart storage facility, new stairway to upper parking lot and reroute steam line by the 10th tee.

Phase B: 22 May 2007 - 14 July 2007. Renovate existing locker room, renovate service area, add canopies, new front stairway and new lights for the dining room. Service during phase B will be in the VIP room only.

Phase C: 16 July - October 2007. Covert VIP room to full service bar and lounge, add a deck, and a patio outside the pro shop adjacent to the chipping green.

# • Lake Project

The lake project will be completed by April with an opening date of 1 June 2007.

• *Cart Path Project* is ongoing with an estimated completion date of October 2007.

# 2007 MAJOR TOURNAMENT SCHEDULE

 Zama Masters
 21 - 22
 April

 Club Championship
 13 - 14
 October

 Zama Open
 17 - 18
 November

Please mark your calendars and get your handicaps established.

# LEARN TO GOLF ADULT CLASSES TAKE THE MYSTERY OUT OF GOLF



# Session #1

Wednesdays - 7th, 14th, 21st, 28th, March and 4th April, 4 - 5:30 pm

### Instructors:

Dale Jorgenson, Director of Golf Schod Nii, Assistant Golf Professional

### Class Size:

Maximum 16 - Minimum 6 students

### Enroll:

Sign up at the golf course pro shop

Session #2 starts 2 May

Price includes - five group lessons (four at the range and one on the golf course) plus four 9-hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. This course is designed for beginner golfers.

Classes are open to SOFA status and MLC/IHA/HPT or JGSDF patrons only



# ■ Zama Bowling Center • 263-4780

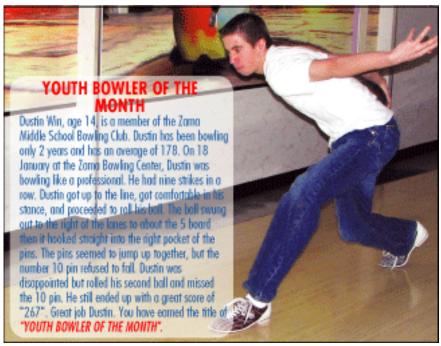
### THIS MONTH'S SCHEDULE

- King of the Hill Tournament Sunday, 4 March, 11 am - 5 pm.
- No Tap Tournament Sunday, 18 March, noon - 5 pm.
- "Cosmic" Bowling Party
  Saturday, 31 March, 7 10 pm.
- Free Family Time Bowling
  Every Wednesday, 3 pm closing.
  PRE-PAID BOWLING CARDS

Adult: 10 games for \$15 youth: 10 games for \$5 (a saving of \$2.50).

### **LUNCH SPECIALS**

Check out our daily lunch specials Monday thru Thursday. Pick up a menu and calendar or call Emiko at 263-4780 to get on our e-mail list.









riday, 2 March, a \$2 discount on the lunch buffet for all ladies.

On Sunday, 4 March, there will not be a "Sunday Brunch" because of the community bazaar.

# Camp Zama Community Club

• 263-4133

### **ENTERTAINMENT**

# **Hip Hop Music with DJ**

Every Friday night in the Firelite Lounge, playing your favorite Hip Hop artist songs from 10 pm - 3 am. Please call 263-4547 for information.

# **Country Music with DJ**

Every Saturday night, 10 pm - 2:30 am in the Firelite, playing your favorite country artist songs. Please call 263-4547 for information. On the 2nd and 4th Wednesday night enjoy free line dance instruction from 8 - 9:30 pm.

# Latino Night

Saturday, 31 March, 8 pm - 2 am in the Firelite, the "Live Latino Band" with DI.





### LUNCH

# **Sunday Brunch (10 am - 1:30 pm):**

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

Tuesday: (Vegetable of the Day and Rotisserie Chicken)

- 6 Bulgoki
  - Katsudon
- 13 Beef Stroganoff w/Pilaf
  - Katsu Don
- 20 Chicken picate (Lemon Anchovy, Caper, Wine)
  - Katsu Don
- Beef Stroganoff
  - Katsudon

**Wednesday:** (Vegetable of the Day and Rotisserie Chicken)

- 7 Fish and Chips (Buttered Fish and Fried Potatoes)
  - Chicken Don
- 14 Stuffed Cabbage Roll
  - Chicken Don
- 21 Chicken Fried Steak w/Gravy
  - Chicken Don
- 28 Pork and Onion Cutlet Skewer (Kushikatsu)
  - Chicken Don

**Thursday**: (Vegetable of the Day and Rotisserie Chicken)

1 • Fried Tofu w/Kinoko Ankake

CAMP ZAMA COMMUNITY CLUB



### LUNCH

- Sweet Sour Meat Balls (Pork)
- 8 Teriyaki Chicken
  - Pork Chop Suey
- 15 Chicken Fajitas
  - Fried Fish w/Ankake
- 22 Cajun Sliced Roast Pork
  - Teriyaki Fish
- 29 Yankee Pot Roast Beef
  - Teriyaki Hamburger Steak

**Friday "Lunch Buffet"** (Vegetable and Soup of the Day) only \$6.95.

- 2 Tandoori Chicken
  - Hitokuchi Katsu w/Curry Sauce
  - Ground Beef Curry
  - White Rice
- 9 Sweet Sour Pork
  - Beef Broccoli
  - Fried Egg Rolls
  - Fried Rice
- New England Boiled Dinner (Corned Beef, Cabbage, Potatoes, Carrots)
  - Lamb Tomato Stew
  - Bacon Cabbage Soup
- 23 Beef Stew
  - Baked Herbed Chicken
  - Mashed Potatoes
- 30 Beef Taco Bar
  - Chicken Enchiladas
  - Burritos
  - Mexican Rice and Corn



### **DINNER MENU**

**Sunday** (Regular Menu)

# 3rd Sunday of each month

- 18 2 for 1 Steak Night (Good for "Steak of the Night" only and no take out).
  - Limited Menu

# Monday - Closed

**Tuesday** (Regular Menu)

# 2nd Tuesday of each month

- 13 2 meals for \$10
  - Veal Parmesan
  - Rotisserie Chicken
  - Hamburger Steak w/Mushroom Sauce
  - Chicken Cordon Bleu

# Wednesday

Mongolian BBQ

### **DINNER MENU**

• Limited Menu

## **Thursday** (Regular Menu)

# Last Thursday of each month

• "All You Can Eat Pasta,

Pizza, Soup and Salad Bar"

Adult: \$10.95

8 - 12: \$5.95

4 - 7: \$3.95

3 and under: Free

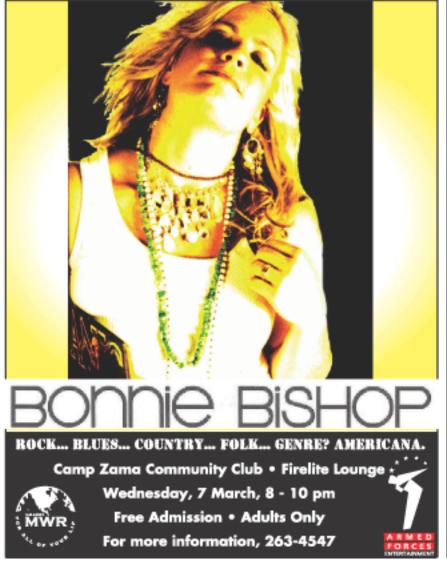
**Friday** (Regular Menu)

Chef's Special)

Saturday (Regular Menu)

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

Our regular menu will be offered in addition to the above specials on Saturday night.



agami Lounge will offer Mongolian BBQ only on the 2nd and 4th Saturday of every month.

Do you like Mexican Food? Try our dinner special on Tuesday, 6 March.



# •

# Sagami Lounge • 268-4954/4847 Orders: 268-4142

### **LUNCHES**

# **MONDAY**

- 5 Chicken Cashew
- 12 Hamburger Steak w/Cheese Mushroom Sauce
- 19 Pork Ginger
- 26 Soft Taco w/Turmeric Rice

### **TUESDAY**

- 6 Chicken and Bean Enchiladas
- 13 All-U-Can Eat Japanese Buffet
- 20 Sweet and Sour Chicken
- 27 All-U-Can Eat Italian Buffet

### **WEDNESDAY**

- 7 Beef Stroganoff
- 14 Pork Saute w/Balsamic Sauce
- 21 Teriyaki Hamburger Steak
- 28 Lasagna w/Garlic Bread

### THURSDAY

- 1 Pork Cream Pot Pie
- 8 Turkey A La King
- 15 Lasagna w/Garlic Bread
- 22 Roast Turkey w/Giblet Gravy
- 29 Chicken Cordon Bleu

### **FRIDAY**

- 2 Seafood Platter
- 9 Seafood Fettucine w/Cream Cheese Sauce
- 16 Salmon Polonaise
- 23 Seafood Macaroni Gratin
- 30 Breaded Catfish

### **DINNER SPECIALS**

# TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Japanese Dinner Special
- 27 Pizza and Pasta Dinner Special

### WEDNESDAY NIGHT

Family night movies for adults and youth (7, 14, 21 and 28 March) regular dinner menu. Choose your discount.

# THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 1 Korean Dinner: Garlic Chicken
- 8 French Dinner: Beef Steak w/Wine Sauce
- 15 Japanese Dinner: Salmon Saute w/Yuzu Sauce
- 22 Italian Dinner: Pork Saute w/Balsamic Sauce
- 29 Chef's Choice: Salmon En Crout

### FRIDAY NIGHT

- 2 Steak and Lobster Tail Set (\$25)
- 9 Steak and Crab Legs Set (\$25)
- 16 Steak and Shrimp Set (\$20)
- 23 Prime Rib Dinner Set (\$20)
- 30 Regular Dinner Menu

# SATURĎAY NIGHT (MONGOLIAN BBQ)

Saturday, 10 and 24 March. The best Mongolian BBQ in town!!!

- 3 Regular Dinner Menu
- 17 Regular Dinner Menu







"See the Bugle for the advertisement".



Boarding Kennels Supervisor Trevor Harding won first place in the Accomplished Wood division of the 2006 All Army Arts & Crafts contest. Trevor is showing the first place plaque he received and his winning entry-a hand carved medieval crassbow with a Welsh design. In addition to receiving the first place award of \$300, he also received a coin from our Garrison Commander, COL Walterneyer, which Trevor said he prizes very much. You can watch Trevor, a master carver, working in the Zama Arts & Crafts shop on his projects.



■ Paid Advertisements

# ■ Army Community Service • 263-8327

ER/Financial/

Employment, 263-HELP (4357). ACS Financial Readiness Program offers a variety of services such as financial education, budget assistance, and personalized budget counseling, plus many other financial support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their family members a ready-made program to help achieve personal financial readiness and deploy-ability through the use of sound money management and consumer skills.

# ARMY FAMILY ACTION PLAN (AFAP)

This year's event will start with a kickoff at the Community Cultural Center (CCC) on 19 March at 2 pm. The main phase of the program will be at the Religious Education Center from 9 am - 4 pm, Tuesday - Thursday and will culminate with an out brief to the Commander on 23 March at the CCC from 10:15 - 11:45 am.

Watch for the "Issue Collection Boxes", or log on to http://www.mwijapan.jp.pac.army.mil/ and click on 
"Submit a 2007 AFAP Community issue/concern". Issues can be submitted anonymously and will be sent 
directly to the AFAP Program Manager.

If you are interested in being involved in the process contact Martin Clark at ACS at 263-8057. ACS needs delegates, recorders, transcribers and facilitators to support this major program.

# RELOCATION READINESS, 263-HELP (4357)

• Newcomer's Train Class, Parts I and II

**Part I:** 22 March, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

**Part II:** 24 March, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• English Teachers Network
26 March, noon - 1 pm, ACS Outreach Room, Bldg. 402. Find out how to recruit students, what fees to charge, where to find teaching mate-

• *Shopping on the Economy* 23 March, 9:45 am - 12:30 pm, Gate

rials and more.

- 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.
- English as a Second Language Every Thursday from 6 pm, ACS Outreach Room, Bldg. 402. Learn the language while studying customs, traditions and idioms.
- *Knitting and Crocheting Class* Every Tuesday from 9:30 11:30 am, ACS Outreach Room, Bldg. 402 (for all levels).
- *Japanese Language Class*Every Wednesday from 10 am -noon,
  ACS Outreach Room, Bldg. 402
  (taught by a native Japanese speaker).

• Sponsorship Training
Every 2nd Thursday of every month
from 1:30 - 2:30 pm, ACS Outreach

Room, Bldg. 402. Mandatory for all personnel assigned as a sponsor. Unit training is available upon request.

# MOBILIZATION & DEPLOY-MENT PROGRAMS, 263-HELP (4357)

Please contact Edward Chinneth at 263-8089 to schedule your unit predeployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

• Pre-deployment and Ongoing Readiness Training, 263-HELP (4357)

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment; held the 2nd Thursday of



each month from 3 - 4 pm in the ACS Outreach Room.

# • Deployment Readiness Support Group, 263-HELP (4357)

If your spouse is deployed, then ACS is looking for you! The support group meeting is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

# FAMILY ADVOCACY PROGRAM, 263-HELP (4357)

The Family Advocacy Program provides services that support military families. The programs are designed to prevent family violence and sexual assault.

- Anger Management workshops will be offered 6 and 13 March at 1 pm 3 pm at ACS, Bldg 402. This two part training is designed for those who would like to gain tools and techniques for managing anger effectively.
- A Couples Communication workshop will be offered 29 March, 3:30 pm 5 pm. All classes are free and require preregistration. Please contact ACS at 263-8327 to register. If you or your unit would like to schedule a class or workshop such as spouse and child abuse prevention, reporting and referral procedures or survival tips for parents, etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-8327. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. Contact Luticia Trimble-Smith at 263-8327 for additional informa-

# NEW PARENT SUPPORT PROGRAM

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive playgroup for parents and children aged birth to 6 years. Held Tuesdays 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, 4th Thursday, 9:30 - 11 am, at SHA CDC.
- Breast Feeding Support Group is held Thursday, 1 March, 9:30 10:30 am, at ACS, Bldg 402.
- Baby Love Seminar: "Identifying Special Needs in Young Children" held during 22 March Play Morning.
- Baby Bundles Information and supplies for new and expectant parents and electric breast pumps are available by calling the NPSP, 263-4357 or email stacee.davis@us.army.mil.
- Community Parenting Workshop "Coping and Communicating with Young Children" held on 26 March, 9 - 10 am at ACS, Bldg 402. Pieregister by COB 23 March at 263-8327.

tion about domestic violence restricted and unrestricted reporting.

# • Sexual Assault Prevention and Response Program (SAPRP)

This is a Commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-8057 or the on-call Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-8327 or 080-5080-0430.

# COMMUNITY LIFE OFFICE, 263-HELP (4357).

• Army Volunteer Corps (AVC).

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer, contact your Army Volunteer Corps

# INFORMATION AND REFERRAL, 263-HELP (4357)

Information and Referral (I&R) has finalized the ACS-Resource Contact Information Database which provides information on services, agencies and organizations of most military bases throughout Japan. This database is accessible at https://intranet.zama.army.mil. First click on the USAGJ icon, then the Morale Welfare and Recreation icon and finally the ACS-Resource Contact Information icon (deselect the pop-up blocker security setting).



# Exceptional Family Member Program, 263-HELP (4357)

EFMP is a mandatory enrollment program for active duty Soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP remember your file must be reviewed every 3 years or upon a change in condition of the family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must inprocess with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm.

■ Paid Advertisements

# South States of the States of

# **CAMP ZAMA**

# 30TH CHERRY BLOSSOM FESTIVAL







# ENTRY FEE - \$15.00 FOR SOFA, ¥2,000 FOR NON-SOFA

### INFORMATION FOR ADULTS:

- Starting time 10 am in front of the Community Cultural Center (CCC).
- Registration: At the Yano Fitness Center NLT Wednesday, 4 April (t-shirts are guaranteed for the first 500 walkers/runners).
- Awards: Top 3 awards in both men's & women's divisions in the following age categories: 18-29, 30-39, 40-49, and 50 plus (awards also to the overall top male & female runners). Awards presented at the CCC immediately following the event.
- For further information, phone the Zama Sports Office at 263-7980.

# SPECIAL ADULT PRIZE:

PAIR OF AIRLINE TICKETS TO THE USA (COURTESY OF CONTINENTAL AIRLINES)

# ADULT DOOR PRIZES (all participants are eligible):

- Electronic equipment (courtesy of AAFES)
- 2 sport bags & caps (courtesy of Puma)
- 2 NBA sweatshirts (courtesy of NBA Japan)



# ENTRY - \$15.00 FOR SOFA, ¥2,000 FOR NON-SOFA

### INFORMATION FOR YOUTH:

- Starting time 8:30 am in front of the Community Cultural Center (CCC).
- Register at the Central Registration Office, Bldg 533, 1 March - 5 April, and the morning of the race 7-8 am inside the Community Cultural Center.
- Packet pickup and door prize ticket for all youth participants at the Community Cultural Center from 7-8 am on Saturday, 7 April.
- Awards (gold, silver & bronze medals) for boys and girls in each age group.
   The age groups are:
   5-8, 9-12, 13-15 and 16-18.
- Awards and door prize drawings will be held at the Cultural Center immediately upon completion of the event.
- For further information, phone the Youth Sports Office at 263-5437 or 263-3424.

# YOUTH DOOR PRIZES (all participants are eligible):

- 2 backpacks (courtesy of X-Shades)
- 2 sports bags & caps (courtesy of Puma)
- Bicycle (courtesy of Grainger)
- 2 air brushed caps (courtesy of Airbrush Art)
- 2 each Ipods (courtesy of DyDo)



# Special Guest: Tampa Bay Buccaneer Cheerleaders

Cheerleaders, Soldiers, door prizes, great food---and add a pair of "Kings"----all highlighted the 5 February Super Bowl The packed ballroom, estimated at approximately 450 attendees, began lining up as early as 6 am and included personn Yokota, North Dock and Yokosuka, plus civilian and installation Japanese employees.

The two extremely happy "King" winners were CW3 Shannon Sherman and Airman Chad Parsons. This special drawir winner sat with the "Buc" cheerleaders as their special guest for the quarter. They also received five prizes to include a sports and TGI Friday's, a combination folding sports chair with side table, and a beautiful Department of the Army stein.

As in the past several years, the focus and major attraction at the Party were the Tampa Bay Buccaneer cheerleaders. Whe started their dance routine at 7:45 am the crowed quickly got into the spirit of the Party. They met every request for a photo and proved to be excellent ambassadors for the National Football League (NFL).

One of the USA's major sporting events can be summed up as SUPER AUDIENCE---SUPER GAME---SUPER PART SUPER too!!! Thanks for making our day a memorable one.



# ER

Party held at the Zama Community Club. el not only from Zama but also Atsugi,

ng was for military personnel only, and each bag, food coupons to Outback Steakhouse

en they entered the ballroom at 7:30 am and or autograph with a smile and excitement,

'Y---and to the "Buc" cheerleaders, you were

o credit: Mr. Yuichi Imada, 78th Signal Bn, VID Mr. Tesuo Nakahara, Torii Newspaper











- Highlights of Northern India
   Cairns Adventure
- Sydney and Ayers Rock Adventure Discover Tibet

SELECTED BY READERS OF THE STARS & STRIPES AS **BEST TRAVEL AGENCY MAINLAND JAPAN 2002 - 2006** 

# ZAMA INTERNATIONAL TOURS and TRAVEL



- Military PHONE 263-5273/4059
- Commercial PHONE (046) 254-8896
   Commercial FAX (046) 255-0356
- E-Mail travel@zamaitt.com
- Military FAX 263-7507
- Website http://zamaitt.com















# ■ School Age Services • 267-6317

School Age Services welcomes you to join this fun program. Please see the schedule of events for March. Calendar of Events:

- Friday, 2 March (half a day school) - in house activities and 4H Club
- Saturday, 3 March, Cultural

Event (visiting a Japanese school)

• Friday, 30 March, (half a day school) - in house activities and 4H Club

Parents are invited to attend and support the SAS Parent Advisory

Council meeting every third Thursday in Bldg 337 at SHA. March SAS Parents Advisory Meeting is scheduled for 15 March at 5 pm.

For more information about SAS, please contact the CYS Central Enrollment Registry Office at 263-3397 or SAS at 263-6066 or 267-6013.

# ■ Child Development Center • 267-6564

# SAGAMIHARA HOUSING AREA

ATTENTION:

Hours for Academic Adventure have been changed to 8:30 - 11:30 am.

A CDC PAC Meeting (for patrons only) will be held on Wednesday, 14 March, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center.

- Field Trip to Sagamihara Park Friday, 16 March, 9 am - 1 pm (preschool).
- Bowling Friday, 23 March, 3 - 4 pm (preschool and AM pre-K)
- Vet Visit Friday, 30 March, 9 - 11 am (preschool and pre-K)

For more information, please phone Heather O'Leary, 267-6348.

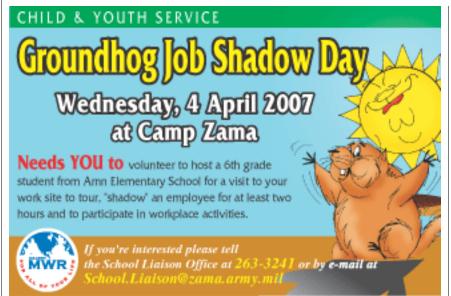
# ZAMA CHILD DEVELOPMENT CENTER

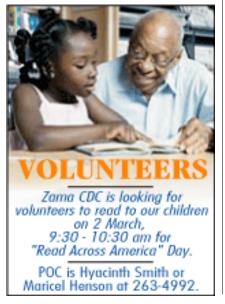
• PAC Meeting
Will be held on Wednesday, 14
March, 4 - 5 pm.

• Fire Department Show and Tell Wednesday, 14 March, 9:30 - 10:30 am at the Zama CDC.

For more information, please phone Hyacinth Smith, 263-8081.







P

hotography Program. An 8 week class is being offered in the tech lab on Tuesdays from 3:30 - 4:30 pm (week 4 - 7), and is open to all 6 - 12 graders. New members may attend. Learn how to take great photos for yourself, a contest, or even to become one of the photographers at the youth center. We will use and supply you with the 4-H photography handbook and a camera. http:// zamayouthcenter.org/ clubs/

photographyprogram.html

# ■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

### YOUTH CENTER ACTIVITIES

### • Tae Kwon Do Classes

Child and Youth Services offers Tae Kwon Do, from beginner to advanced, for youth ages 5 and older. Classes are every Monday and Thursday from 5:30 - 7:30 pm. Cost is \$45 per month. For more information, call 263-4125.

# • Teen AFAP (Army Family Action Plan)

will be held 2 - 4 March. If you want to make a difference in our community this is the way to do it. Call 263-5441 for more information.

### • Six Grade Happening

The monthly "6th Grade Happening" is 16 March from 7-10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 1745, SHA Commissary, and Atsugi Theater at 1830. Come out and enjoy a night of fun, food and lots of entertainment.

### • Trivia Day

If you feel lucky or think you are smarter than the youth staff, come out and challenge us every Monday at 3 pm on Trivia Day.

## • Arts and Crafts Day

If you are an aspiring artist or just want to have fun with your friends,

check out the arts and crafts program every Tuesday at 3 pm.

# LEARN GRAPHIC DESIGN CLASS

Thursdays on March 1st, 8th, 15th from 3:30 - 4:30 pm. Each participating club member in grades 6 - 12 will learn how to create a poster using Photoshop elements, Adobe fireworks, and Corel. Members will be able to compete in the BGCA Digital Arts Festival in graphic design on 22 March.

### **TECH CLUB**

# • 4-H Photo Club Field Trip

17 March, 9 am - 5 pm. Youth who participate in the 4-H photography program will take a trip to Tama Zoo to photograph animals for upcoming MWR and other photo contests. Join the best Teen Tech Team in the Army! Meetings are on Tuesdays, 3:30 - 5:30 pm, in the tech lab. Tech team members are involved in photo taking, manipulation, movie making, web designing and community projects concerning technology and much, much more.

http://www.zamayouthcenter.org/



clubs/techclub.htm.

# • Lego Robotics Program.

Registered members who are in grades 6 - 12, meet every Friday, 4:30 - 5:30 pm. The participants cooperate with adult mentors in creating robots according to their own interest. The participants start by using preexisting instructions to build their robot, followed by a programming and investigation session that defines the blueprints for the robot's performance. Contact Mr. Lawrence at 263-8573 for more information.

http://www.zamayouthcenter.org/techlab/robotics.html

### • ZTN Zama Teen News

Join us on our very own news show. Club members in grades 6 - 12 meet on Wednesdays, 3:30 - 6 pm, and learn how to film, edit and produce their own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, cam-

# BGCA Digital Arts Festival in Graphic Design

in the Zama Youth Center Tech Lab

# Thursday, 22 March, 6 pm



- Each participating Club member will create an original poster that depicts news in the Camp Zama Youth Center's Boys and Girls Club.
- Members should not include their names anywhere in the artwork and keep local club identification as minimal as possible.
- Art work should focus on the graphic design of visual elements, not on text.
- Members may not submit posters that were hand drawn and scanned without incorporating digital elements and editing in photo software.
- Size: 11 inches wide by 17 inches long, in vertical format only. File format: jpg, png.

era persons, editors, and producers. Youth may join in at any time. Volunteers are needed to help make this program a success. Contact Mr. Lawrence at 263-8573 or e-mail at

techlab@zamayouthcenter.org for more info. More information on our ZTN program can be seen at www.zamayouthcenter.org/ZTN

# ■ Youth Sports and Fitness • 263-5991



# Dodge ball



Season: 2 - 30 June with practices beginning in late May.

Cost: \$25.

Age divisions: 7 - 10, 11 - 14, 15 - 18.

Registration: starts 1-11 March; please register at the CYS Central Enrollment Registry Office, Bldg 533 (263-4743/4125)

Mandatory Parent's Sportsmanship Meeting: All parents must attend a parent's meeting regarding youth sports programs annually. Once a parent has attended for any sport, their qualification will have been met for that year. Participation will be tracked. The PAYS Parent's Meeting is scheduled for Monday, 5 March, 6 pm, or Thursday, 8 March, 6 pm, at the Zama Youth Center, Bldg 314.

For more information, please visit our website at www.zamayouthsports.org or call 263-5437/3424/5991

# **SCHEDULE OF YOUTH SPORTS ACTIVITIES**

Events	Registration Date	Event Date	Time	Age Group
In-Line Hockey	1 Mor - 12 April	5 May - 16 Jun	TBA	7-10, 11-15
Baseball / T-Ball		10 Mar - 21 Apr	TBA	3-4, 5-6, 7-8, 9-10, 11-12, 13-15, 9-11 Girls 12-15

All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533.

acuzzi, steam room and sauna. The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center, On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance.

# ■ Sports Office • 263-3954/4664

# CAMP ZAMA INTRAMURAL VOLLEYBALL

Intramural volleyball will start on/ or about 20 March. Units and organizations at Camp Zama, Sagami Depot, and Sagamihara Housing Area are eligible to enter. Entry deadline is Wednesday, 14 March, 3:30 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the player's pool. For more information, call 263-7980/4664, or email: andrew.abear@us.army.mil.

### **AQUA MASSAGE**

sage, \$5 for 15 minutes. You must be at least 18 year old.

### **YOGA**

• *Hatha Yoga* is now being offered at the Yano Fitness Center. Morning and afternoon classes are gentle yoga, and evening classes are yoga flow for a more vigorous practice.

Sundays: 3:30 pm Mondays and Wednesdays: 5:15 pm Tuesdays and Thursdays: 10:30 am and 5:15 pm The cost is \$6 per session or \$20 for

### **MASSAGE**

a 4 session card.

# • Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60. minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least 21 years old). For more information, call 263-4664/3954





# **ATTENTION:**

# Yano Fitness Center Operating Hours Change

Effective 8 January, operating hours for the Yano Fitness Center have been extended 30 minutes. The facility is now open until 9 pm, Monday - Friday.

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

# • Yukari's Soft-Chiropractic Massage

Japanese Physiotherapy with "Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least 21 years old). For more information, call 263-4664/3954.

# **AQUATICS**

• Water Aerobics Days and Hours Water Aerobics Classes:

Tuesdays and Thursdays

9 - 10 am

Mondays, Wednesdays and Fridays 6 - 7 pm

See flyer for specific details and cost. For more information, call 263-5656/4664

# • Age Policy for the Pool

Children 12 years of age and below are NOT permitted in the pool unless accompanied by, and under the direct supervision, of a parent or guardian. Children 13 and older

have access to the pool without parental supervision. Exception: children participating in a special program organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• Pool Party Reservations

If you are considering a pool party, please submit a "Pool Usage Reservation Request" to the aquatics director at the Yano Fitness Center no less than two weeks in advance. Three weeks in advance for parties during non-operational hours. Forms are available at the Yano Fitness Center. Forms can be e-mailed to you upon request. Note: There are new pool reservation fees.

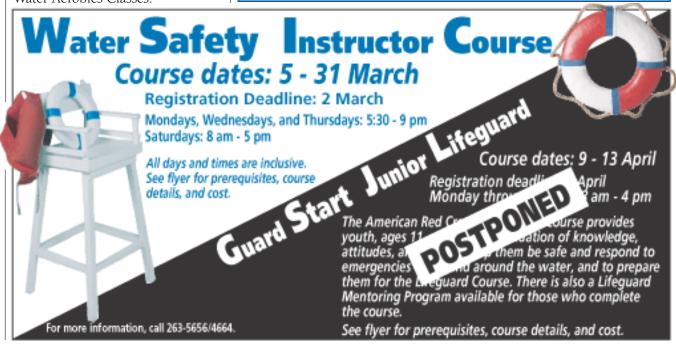
# LEARN-TO-SV PROGRAM

The Spring Learn-to-Swim Program began in February. Registration is taken at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of each session. Youth and adult



classes offered. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may cancel based on staffing availability and/or participation at specific locations, times, and levels.

For more information, call 263-5656/4664.





# ■ Chapel Activities • 263-4898

### **CATHOLIC SERVICES**

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

**Sundays**, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg 502 (bldg next to the Chapel parking lot).

**Sundays**, 10:45 am, CCD, Religious Education Center

**1st Friday**, 7 pm, Our Lady's Rosary Makers, Religious Education Center **3rd Thursday**, 6:30 pm, CWOC, Zama Chapel

### PROTESTANT SERVICES

*Sundays*, 9:30 am, Adult Class, Religious Education Center

**Sundays,** 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS Bldg 502 during the time of Sunday Services only.

# SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

**Sundays**, 10:30 am, Worship Service, Sagamihara Chapel

Wednesdays, 6:30 pm, Bible study (men, women and youth), Sagamihara Chapel

# PENTECOSTAL WORSHIP SERVICE

**Sundays**, 8 am, Worship service, SHA Chapel

**Sundays**, 9 am, Children's Church, Sagamihara Chapel

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel

*Fridays*, 6:30 pm, Prayer, Sagamihara Chapel

# SEVENTH DAY ADVENTIST SERVICES

**1st Saturdays**, 10 am, Joint Service, Traditional Chapel at Yokota AB.; contact Pastor Pae at 045-922-3218

### JEWISH SERVICES

*3rd Fridays*, 6 pm, monthly Sabbath services and meals, Zama Chapel, contact Sharon Goodman at 267-6190.

### **BUDDHIST SERVICES**

(Soka Gakkai International)

*Mondays and Fridays*, 7 pm, discussion, SHA Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

# THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Sundays**, 1 - 4 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate.

Tuesdays, 7 pm, Tuesday Night Youth Service, 7 pm, SHA Chapel

Call Richard Smith, 264-6545, or Reid Maekawa, 263-7869.

### THE CHURCH OF CHRIST

**Sundays,** 9:45 am, Worship, Atsugi Small Chapel **Wednesdays**, 7 pm, Bible Study, Camp Zama #1076A

For more information, call 263-7924 or e-mail glandll@yahoo.com

### ON GOING BIBLE STUDIES

*Thursdays*, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

*Thursdays*, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4242 or 267-6086.

**Thursdays**, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

### CHAPEL ACTIVITIES IN MARCH

*Thursday,* 15 March, 6:30 am, National Prayer Breakfast, Camp Zama Community Club.

*Fridays*, 2, 9, 16, 23, and 30 March, 6 pm, Stations of the Cross followed by Soup Supper (Catholic), Zama Chapel.

Monday, 1 April, 9 am, Palm Sunday Mass, Zama Chapel.



# DECEMBER WINNER

The winner of the Business Operations Division (BOD) "Monthly Customer Appreciation" drawing for December was Bill Hyde of the USARJ Staff Judge Advocate. Stephen Triggs, Camp Zama Community Club Manager, presented the certificate worth a free night's stay at a Zama Lodging suite and Sunday Brunch for two. To participate in the drawing, print your name, rank, email address and phone number on the receipt from the CZCC, Hob Nob Inn, Sagami Lounge, Zama Bowling Center or Lodging and place it in the monthly drawing box at one of the BOD facilities.

# CUBA Locker. 644-4290. The weather is a little cool, but we are still running dive classes. It is also a good time of year to get your gear serviced. We offer PADI, NAUI, and GUE courses. The Scuba Locker is well stocked with everything you need to enjoy Okinawa's underwater world. Dive with a Whale Shark. **HOURS OF OPERATION** (winter)

Thu - Mon:

holders?

# ■ Torii Station, Okinawa MWR Activities • 644-4270

# ARMY COMMUNITY SERVICE 644-4110

# • Family Advocacy, 644-5919

The Family Advocacy Program goal is to promote healthy families. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

\* Sexual Assault Response and Prevention Program, 644-4908 The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149 24 hours a day. Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC.

\* Exceptional Family Member Program, 644-4106

For general information or website information, please phone 644-4106 or email Mr. Boullion at: john. boullion@okinawa.army.mil.

# • Relocation Readiness Assistance Program 644-4385

\* Relocation Assistance The Relocation Program assists Soldiers and their family members throughout their mobile military life-style. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

### \* Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

\* Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

\* Sponsorship Training

Learn to be an efficient and effective sponsor. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units.

# • Outreach / IVC Programs 644-4116

\* IVC Program

The Community Program / IVC is designed to support families of deployed Soldiers in job search information and resume writing and interview skills. Monthly cultural tours and holiday programs are planned. There are numerous volunteer positions that offer great networking opportunities for future jobs. These programs offer incentives for those of deployed Soldiers to ease the deployment stress. We are here to make your experiences more enjoyable and memorable!!!

\* Free Oil Change

ACS provides free oil change and vehicle lubrication to spouses of deployed Soldiers. If the Soldier is deployed longer than 30 days please bring in your orders to pick up your voucher. You are entitled to one voucher per six month.

\* Deployment Packets

ACS offers deployment packets to





The Scuba Locker offers

free air fills to all ID card

8 am - 5 pm

Tuesday, 13 March, 11:30 am - 1 pm

ACS Conference Room. Interested community members are welcome to attend.

# TORII STATION NEWCOMER'S ORIENTATION

(Installation and local community information).

Tuesday, 6 March, 8:30 am - 4:30 pm Education Center

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

spouses of deployed Soldiers. The packets contain information that can help you cope with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

\* Employment Assistance

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

# • Financial Readiness Program 644-4378

\* FSSA (Family Subsistence Supplemental Allowance)

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

\* Consumer Affairs Program

awards, event t-shirts, and door prizes.

Office, Torii Fitness Center, Bldg 275.

Applications are available at the Torii Fitness Center. Submit application via Sports

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category, please contact the Financial Readiness Program Manager at 644-4378 for assistance.



# • Army Family Team Building 644-4743

If you are looking for something to do, and want to get involved in your Army community, make new friends and take advantage of some great volunteer opportunities, come by and get acquainted with our AFTB program on Torii Station at ACS. We offer great training, lots of job experience to add to your resume with our volunteer positions, and some fun and exciting activities for spouses in addition to some helpful information that will

help make being part of the Army Family a happy and enriching time.

\* ESL Class.

Monday, 5 March, 7 am (check in 6 am)

Banyan Tree Golf Course

For more information, 644-4334 or e-mail james.perry@okinawa.army.mil

English as a Second Language (ESL) classes will be held Mondays and Thursdays from 9:30 - 11:30 am throughout March. There is no charge for the class, and workbooks will be provided. Call 644-4743 to register.

Spouse trips for AFTB volunteers are scheduled once a month, and spouse cooking classes are also held once a month on Torii Station.



# ■ Torii Station, Okinawa MWR Activities • 644-4270



# ARTS AND CRAFTS CENTER 644-4303

HOURS OF OPERATION:

Mon, Thu - Fri: noon - 8 pm Sat - Sun: 9 am - 5 pm Tue, Wed and holidays: Closed

\* Classes and Services

Framing and matting classes are offered, plus the wood working and ceramics departments are also available for your use.

### LIBRARY, 644-4468

HOURS OF OPERATION:

Tuesday - Saturday: 10 am - 7 pm Come check out our new selection of TV series. From the Sopranos to Lost, you can catch up on the shows you missed while away. With new movies and music every month, there's always something worth seeing at our Library!

# OUTDOOR RECREATION 644-4698

HOURS OF OPERATION (winter): Open 7 days a week, 8 am - 5 pm

\* Make reservations to use facilities at the Beach Office, Bldg T301. Pavilions (BBQ grill is included)

Small: \$25 • Medium: \$30

Large: \$40

- \* Torii Beach south camping area for only \$5 for a camp site in the South (family) camping area. Cost includes a BBQ grill.
- \* Bicycle rental

\$6 a day. Explore Torii Beach.

\* Torii Turtle Theater

Every Friday and Saturday (weather

permitting).

Curtain time: after sunset.

Free movies are showing at Torii Beach. Look for the schedule on the "Beach Information Board".

\* Rental Costume Service \$20 - \$50 per day, 10 am - 9 am. Easter Bunny, Mr. and Mrs. Santa, Superman, Batman, Jester.

# AUTO CRAFT CENTER 644-5612

The Auto Skills Center and its staff of professionally trained mechanics offer a wide range of services at very reasonable prices.

HOURS OF OPERATION:

Tue and Wed, CLOSED
Thu, Fri, Mon, 11 am - 8 pm
Sat and Sun, 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

\* Safety Orientation:

The Safety Orientation is held daily and is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

\* Auto Inspection

We cannot do the actual inspection, but our staff can help you get ready through a pre inspection service.

\* Film Service

Protect your interior from the destructive UV rays and make your driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

\* Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor typhoon parking: \$10 (\$5 motorcycle)

TDY parking:

\$20 (TDY orders required) Other than typhoon and TDY:

Indoor, \$10 per night Outdoor, 5 Days \$20

Towing service (check with our staff).



# ■ Community Cultural Center • 263-3939

# "Tamagawa University Performance"

"Fame" the musical, 3 - 4 March at the Community Cultural Center Time: TBA For more information, 263-8892.

# AFE Show Upcoming Schedule

20 Harch 7 April 24 Ìoril

Murder Mystery Show (Dinner Theater) at CZCC Ballroom State of Man Rock Band at Cherry Blossom Festival Last Immigrants Country Band at CZCC Firelite Lounge



# Community Libraries • 263-3517 http://www.usarj.army.mil/information/zama/mwr/library/index.htm

### **ON-LINE CATALOG**

Search our collection from home or work at: http://www.yokotalibrary. com/uhtbin/webzama/

# **NEW MCNAUGHTON BOOKS**

- Our 50 States by Cheney, Lynne V. (Best-seller)
- Santa Cruise by Clark, Mary Higgins (Best-seller)

- Next by Crichton, Michael (Best-seller)
- Mr. & Mrs. Happy Handbook by Doocy, Steve(Best-seller)
- The Bancroft Strategy by Ludlum, Robert (Best-seller)
- Joy of Cooking by Rombauer, Irma Von Starkloff (Best-seller)
- H. R. H. by Steel, Danielle (Bestseller)
- What Came Before He Shot Her

by George, Elizabeth

• Kafka on the Shore by Murakami Haruki

### **NEW DVD**

Kolya	Drama
Mulholland Dr	Drama
Sherlock Holms:	
Baskervilles	Mystery
Saiyuki An	
Millions	Comedy

# ■ Outdoor Rec. & Local Tours • 263-4671

# **MARCH TOURS & EVENTS**

• Super Circus Dralion

Friday, 2 March

Depart: 12:30 pm • Return: 7:30 pm

 Plum Blossom Festival in Mt. Maku Park

Saturday, 3 March

Depart: 6 am • Return: 3 pm

Yokohama Bay Cruise

& Dragon Dance

Saturday, 3 March

Depart: 12:30 pm • Return: 8 pm

• Heiwajima Antique Fair

Sunday, 4 March

Depart: 8:30 am • Return: 4:30 pm

• Toyota Automobile Museum

& Nagoya Castle

Sunday, 4 March

Depart: 6 am • Return: 7:30 pm

• Deep Sea Fishing

Saturday, 10 March

Depart: TBA • Return: TBA

Mystery Ski Trip

Saturday, 10 March

Depart: 3 am • Return: 10 pm

• Mt. Takao Firewalking Festival

Sunday, 11 March

Depart: 9 am • Return: 5 pm

Úeno Park

& "Ameya Yokocho"

Sunday, 11 March

Depart: 8 am • Return: 5:30 pm

• Tagata Fertility Festival Thursday, 15 March

Depart: 5 am • Return: 10:30 pm

 Fujikyu Highland Friday, 16 March

Depart: 7 am • Return: 7 pm

Kamakura Excursion

Saturday, 17 March

Depart: 7:30 am • Return: 5:30 pm

• Cross Country Ski Trip to Nikko for Beginners

Saturday, 17 March

Depart: 4:30 am • Return: 8:30 pm

Tokyo Overnight

Saturday-Sunday, 17-18 March

Depart: 2:30 pm (Sat.)

Return: 2:30 pm (Sun.)

New Sanno Brunch

& St. Patrick's Day Parade

Sunday, 18 March

Depart: 8 am • Return: 6 pm

• Low-Rider Car Show

at Makuhari Messe

Sunday, 18 March

Depart: 9 am • Return: 8 pm

Snowshoe & Soak

in Tochigi Mr. Jeans for Beginners

Saturday, 24 March

Depart: 4:30 am • Return: 8:30 pm

Enoshima Island

Saturday, 24 March

Depart: 8 am • Return: 5:30 pm

• "Kitchen Street" Shopping & Asakusa

Saturday, 24 March

Depart: 8 am • Return: 7 pm

• International Anime Fair

Sunday, 25 March

Depart: 10 am • Return: 6 pm

Strawberry Picking

& Mito Sea Paradise

Sunday, 25 March

Starts: 7 am • Finish: 6 pm

· Discover Scuba

Sunday, 25 March

Starts: 9 am • Finish: 12:30 pm

• Todoroki Valley Trek

Wednesday, 28 March

Depart: 3:30 pm • Return: 8 pm

• Trail Riding for Beginners

Saturday, 31 March

Depart: TBA • Return: TBA

Kyoto Overnight

Saturday-Sunday, 31 March-1 April

Depart: 2 am (Sat.) Return: 9 pm (Sun.)



# Better Opportunity for Single Service Member

- Tuesday, 13 March
- Tuesday, 27 March
- \*All meetings are at 2 pm at the CCC.

# ■ Directory of MWR Facilities & Additional Activities

A DIRECTORAGE OF MODALE WELFILDS AND	TI. 0.		
DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690	Take Out 268-4142 Lunch (Mon-Fri) 1100-1300	(All the following CDC facilities are open during lu CYS Central Enrollment Registry Offic	ınch.) ce
Army Community Services Branch	Dinner (Tue-Sat) 1700-2000 Lounge/Game Room	263-4 263-4	4125
■ Army Community Services 263-8327 Mon, Tue, Thu, Fri 0700-1700	Tue-Thu 1100-2200 Fri 1100-2400	Mon-Fri 0830-1730 <b>Depot Dev Group Home 268-4</b>	4625
Wed 0700-1500	Sat 1630-2300 Open during lunch	Sunday only 1300-1500 Family Child Caree 263-3	3397
ZAMA Golf Club	Community Recreation Division	Sagamihara CDC 267-6 Mon-Fri 0530-1800	
■ DIRECTOR OF GOLF 263-4224 ADMINISTRATIVE OFFICE	■ ADMINISTRATIVE OFFICE 263-5614	Zama CDC 263-4 Mon-Fri 0530-1800	4992
263-4966 (All the following golf activities are open during lunch).	ARTS & CRAFTS CENTER Mon-Tue Closed 263-4412	■ YOUTH SERVICES	4005
Course/Starter 263-4975  Mon-Fri 0700-1700	Wed-Thu 1300-2100 Fri, Sat & Sun 1000-1800	Depot Youth Center 268-4 Zama Youth Center 263-4	
Weekends & US / Japanese Holidays 0600-1700	Open during lunch	Mon-Thu 1430-2000 Fri 1430-2200	
<b>Restaurant</b> 263-7665 Mon, Tue, Thu, Fri 0630-1700	Sun-Mon Closed	Sat 1200-2200 Sun 1400-1800	
Wed 0630-1800	Tue-Fri 1300-2100 Sat 1000-1800	School Age Services (SHA) 267-6 Mon-Fri 0630-1800	8317
Weekends & US / Japanese Holidays 0530-1700	Open during lunch  COMMUNITY CULTURAL CTR 263-3939	Youth Sports 263-5 Mon-Sat 0900-1800	5437
Pro Shop 263-5284  Mon-Fri 0645-1700	Mon-Fri 0800-2100 Sat, Sun & Hol Closed	Open during lunch School Liaison Office 263-3	3241
Weekends & US / Japanese Holidays 0545-1700	Open during lunch ■ INTERNATIONAL TOURS 263-5273	Zama Lodging	)~ 11
Driving Range (Unattended) Wed - Sat Sunrise-2200	Mon-Fri 1000-1800 Open during lunch	■ ADMINISTRATIVE OFFICE 263-3	3293
Mon Sunrise-1930 Tuesday 1000-2200	■ LIBRARY  Zama 263-3517	Reservation Desk 263-2 Front Desk 263-3	
Sun 1600-2200 <b>Chip Inn &amp; Snack Stand 263-5834</b>	Mon-Thu 1000-2030 Fri- Sun & Hol 1000-1800	Open 24 hours/7 days a week	
Mon-Fri 0800-1600 Weekends & Hol. 0700-1500	Open during lunch U.S. Holidays Closed	USAG-J Okinawa MWR	
Community Operations Division	Depot 268-4523 Tue-Thu 1000-1800	■ MWR OFFICE 644-5 ■ ARMY COMMUNITY SERVICE	396
■ ADMINISTRATIVE OFFICE 263-4452	Fri & Sat 0900-1700	Director 644-4 Receptionist 644-4	
263-7935 BOWLING CENTER ZAMA 263-4780	Open during lunch	Relocation Coordinator 644-4 Outreach/Volunteer Coordinator 644-4	4385
Mon-Wed, Sat-Sun 1100-2200 Thu & Fri 1100-2230	Sagamihara         267-6603           Tue-Thu         1000-1900	Finance/Consumer Affairs/AER School Liaison Officer 644-4	4378
Holidays Closed  BOWLING CENTER DEPOT 268-4954/4606	Fri-Sat 0900-1800 Sun, Mon & Hol Closed	Family Advocacy 644-4 AF TB / AFAP Manager 644-4	4106
Tue - Sat 1100-2000 Sun - Mon Closed	Closed for lunch 1400-1500  OUTDOOR RECREATION 263-4671	■ ARTS & CRAFT CENTER 644-4	4303
■ ZAMA COMMUNITY CLUB 263-4133	US Holidays Closed  Vehicle/Equipment Rental & Local Tours	Lobby 644-4  CORAL COVE COMMUNITY CLUB	
Lunch Tue-Thu 1045-1315	Mon-Fri 0900-1730 Sat-Sun 0800-1600	Business Manager 644-4 Lounge 644-4	4306
Sunday Brunch 1000-1330  Cashier & Game Rooms	Open during lunch Animal Boarding Kennels 263-5915	Cashier Cage         644-4           ■ LIBRARY         644-4	4468
Sun-Thu 1000-2300 Fri 1000-0230	Mon-Fri 1000-1700 Sat-Sun 1000-1600	Staff Room <b>644-5</b> ■ MARKETING <b>644-4</b>	4703
Sat 1000-0200 Catering 263-4204	Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270	Commercial Sponsorship <b>644-4</b> Graphic/Illustration <b>644-4</b>	4665
Tue, Thu & Fri 0930-1730 Wed (Appts Only)	Kure Lodging       256-2580         ■ POOLS       263-5656	■ MOVİE THEATER 644-4 ■ SPORTS/OUTDOOR REC 644-4	4144
Café Roberto Sun, Tue & Wed 1100-2300	<b>YANO 263-5037</b> Mon-Fri 0530-1900	Customer Svc/Pavilion Rental <b>644-4</b> Sports Specialist <b>644-4</b>	4797
Thu 1100-2200 Fri & Sat 1100-2300	Sat-Sun, Holidays 1000-1800 <b>SHA</b> (Summer) <b>263-5656/267-6122</b>	Event Coordinator <b>644-4</b> Swimming Pool <b>644-4</b>	4389
No food serviced after 2200 hours  Cornerstone Game Room (no bar)	Mon-Tue & Fri 1200-1800 Sat-Sun 1100-1800	Scuba Locker <b>644-4</b> Retail Sales <b>644-4</b>	
Tue-Thu & Sun 1000-2300 Fri 1000-0300	Wed-Thu Closed <b>DEPOT</b> (Closed)	Equipment Issue <b>644-4</b> Parks, Picnic & Beach <b>644-4</b>	
Sat 1000-0230 Firelite Lounge	SPORTS/FITNESS CENTER 263-4664 Zama 263-3954	Kure Harbor Club	
Sun-Tue & Wed Closed Thu 1700-2300	Mon-Fri 0530-2030 Sat-Sun, Holidays 1000-1800	■ MWR Office 256-2	2580
Fri 1800-0300 Sat 1900-0230	Sagamihara         263-3954/267-6762           Mon-Sun         Open 24 hrs	<b>256-2</b> 0800-1630	2581
USA Dining Room Tue, Thu & Sun 1700-2100	Depot 268-4729 Mon-Fri 0930-1830	<b>■ Outdoor Recreation</b> 256-2	2575
Wed Closed Fri-Sat 1700-2200	Sat-Sun 1000-1800 Holidays 0930-1830	■ Dining Room Mon-Fri (Breakfast) 0700-0830	
■ HOB NOB INN 267-6097 Lounge & Game Room	Support Services Division	Mon-Fri (Lunch) 1130-1300 Tue-Sat (Dinner) 1630-2000	
Mon, Tue- Thu 1630 - 2100 Wed 1630 - 2300	■ DIRECTOR 263-5701	■ Bar Mon 1630-2000	
Fri, Sat 1630 - 0100 Sat 1900 - 0100	■ ADMINISTRATIVE OFFICE	Tue-Sat 1630-2200  ■ PX / CLASS 6	
Sun Closed  Restaurant (Closed)	Child and Youth Service Branch	Mon-Fri 0900-1730 Sat 1130-1530	
SAGAMI LOUNGE 268-4954	■ CHILD & YS COORDINATOR 263-8086	1130-1330	
= 5/10/10/11 LOUNGE 400-4934	T .	1	

Easter Egg Hun

# Sunday, 1 APRIL

Come out and participate in Child and Youth Services annual Easter Egg Hunt. This year's event will be held at the Zama Youth Center on 1 April from 2 - 6 pm.

We will provide fun activities for both youth and parents. Over 5,000 eggs will be hidden in the front of the facility.

We will provide art projects, parent child relay races and much more.

# Times for Easter Egg Hunt

Ages 0 - 2: 2 pm

3 - 5: 2:20 pm

6 - 8: 2:45 pm

9 - 11: 3:05 pm

12 - 15: 3:30 pm



For more information, phone 263-4500

11th ANNUAL INTERNATIONAL FRIENDSHIP HALF

# MARATHON

Sunday, 22 April, 9 am, Sagami General Depot

The Cutoff date for registration is 31 March. (sorry, this date can not be extended).

- This event is "FREE" for SOFA status personnel and their family members.
- There will be "SPECIAL AWARDS" for SOFA personnel as follows:
  - \*\* For Men: top 3 places, up to age 39, and top 3 places for age 40 and over
  - \*\* For Women: top 3 places

The categories are: (1) half marathon

(2) 5K run

(3) 10K run

NOTE: There is also a 2K run "Child & Parent Pair" (grades 1 - 4 --- one parent must run)

For additional information and to obtain a registration form, please phone 263-7980 / 3954.







